

### Local Resources - Support Groups

#### Connecticut Outreach Society (COS)

P.O. Box 163 Farmington CT 06034

(860) 604-6343

E-mail: [info@ctoutreach.org](mailto:info@ctoutreach.org)

Web page: <http://www.ctoutreach.org>

Promotes a positive self-image for cross-gendered individuals in the community and in the media.

#### The Connecticut TransAdvocacy Coalition

<http://www.transadvocacy.com/>

*The Connecticut TransAdvocacy Coalition mission is to improve, through Political and Social Advocacy and Activism, societal attitudes and the law in order to achieve equal rights for the transgender and gender variant individuals and communities.*

#### ConnecticutVieW

P.O. Box 2281 Devon, CT 06460

E-mail: [MASON.D@AOL.com](mailto:MASON.D@AOL.com)

Web page: <http://www.transgender.org/ctv/>

*Open Social and support group for straight, bi, gay, male or female, CD/TV/TS, their S.O.s, wives, and friends.*

#### The Imperial Court of Connecticut

c/o Project 100, Inc.

1841 Broad Street

Hartford, CT 06114

(860) 724-5542

<http://www.impcourt.org/icis/chapters/hartford.html>

#### It's Time, Connecticut

*It's Time, Connecticut! (ITCT) is a grass roots advocate on behalf of Transgender and other gender expressive people in Connecticut --* <http://www.tgender.net/itct>

*ITCT is a chapter of It's Time, America! (ITA.)*

#### Northeast Boyz & SOFFAs (The American Boyz)

351 Pleasant Street, PMB 130

Northampton, MA 01060

Email: [www.info@amboyz.org](mailto:www.info@amboyz.org)

<http://www.amboyz.org>

Phone: 413-585-9759

*An Atlantic region support & social group for people who were born female but who feel that is not a complete or accurate assessment of who they are*

#### Sunshine Club

P.O. Box 564

Hadley, MA 01035-0564

Monthly meetings at a church in Pioneer Valley area.

(413) 586-5004

E-Mail: [av517@osfn.rhinet.gov](mailto:av517@osfn.rhinet.gov)

Web page: <http://www.thesunshineclub.org/>

#### True Colors Inc.

<http://www.ourtruecolors.org/>

*Sexual Minority Youth and Family Services is a not-for-profit 501 (c) (3) organization working to eliminate the stigma associated with sexual and gender minority status and to*

*ensure that the needs of Lesbian, Gay, Bisexual, Transgender, Intersex, and other sexual and gender minorities are competently met by those responsible for our education, health, and well-being.*

#### XX (Twenty) Club

P.O. Box 387 Hartford CT 06141-0387

E-mail: [webperson@twentyclub.org](mailto:webperson@twentyclub.org)

Web page: <http://www.twentyclub.org/>

*XX Club is the TS peer support group of the Gender Identity Clinic of New England.*

#### East Coast Female-to-Male Group (ECFTMG)

P.O. Box 60585

Florence Station

Northampton, MA 01062

(413) 584-7616

*ECFTMG is a free peer support group since 1992 for all female-to-male transgendered, cross-dressers, transsexuals, and our significant others. We are all-inclusive, safe, and non-judgemental. We respect the right of each of us to decide our individual path, whatever that may be. We don't believe that there is any one "right way" to evolve as an FTM but that our diverse situations can be joined together in united community. It is this community that we build and for this community that we exist.*

### Local Resources - Therapists

#### Gender Identity Clinic of New England (GICNE)

C/O Central Connecticut Counseling Associates

82 Vine Street, New Britain, CT 06052

(860) 225-4672

Initial Contact:

Dr. Kathleen Sterner, Ph.D. (860) 225-4672

Web page: <http://www.gicne.org/>

*Provides screening for pre-operative TS applicants desirous of hormone therapy and for sex reassignment surgery approval for pre-operative TSs who have met the requirements of the Harry Benjamin international Gender Dysphoria Association's Standards of Care.*

### Recommended Reading

***Stop by the COS Web Site for Amazon.com  
Links to all of these books and more!***

#### Transgendered (General)

#### Transgender Warriors : Making History from Joan of Arc to Dennis Rodman

by Leslie Feinberg

**Paperback** - 222 pages (June 1997) Beacon Pr; ISBN: 0807079413 ; Dimensions (in inches): 0.63 x 10.53 x 6.52

#### Confessions of a Gender Defender : A Psychologist's Reflections on Life Among the Transgendered

by Randi Ettner

**Paperback** - 160 pages (October 1996) Evanston Pub;  
ISBN: 1886094519 ; Dimensions (in inches): 0.48 x 8.44 x  
5.52

**More Recommended Reading**

**Transgendered (General)**

**Sex Changes : The Politics of Transgenderism**

by Pat Califia

**Paperback** - 250 pages (July 1997) Cleis Pr; ISBN: 1573440728 ; Dimensions (in inches): 0.88 x 8.49 x 5.56

**Gender Blending : Transvestism (Cross-Dressing), Gender Heresy, Androgyny, Religion & the Cross-Dresser, Transgender Healthcare, Free Expression, Sex**

by Bonnie Bullough (Editor), Vern L. Bullough (Editor), James Elias (Editor)

**Hardcover** - 525 pages (March 1997) Prometheus Books; ISBN: 1573921246 ; Dimensions (in inches): 1.37 x 9.33 x 6.38

**Cross-dressing**

**Transformations : Crossdressers and Those Who Love Them**

by Mariette Pathy Allen

**Hardcover** 1st Ed. edition (January 1990) E P Dutton; ISBN: 052524820X

**Bert & Lori : The Autobiography of a Crossdresser** by Robert J. Rowe, Vern L. Bullough (Introduction)

**Hardcover** - 388 pages (July 1997) Prometheus Books; ISBN: 1573921491 ; Dimensions (in inches): 1.21 x 9.42 x 6.29

**Transsexualism**

**True Selves : Understanding Transsexualism-For Families, Friends, Coworkers, and Helping Professionals**

by Mildred L. Brown, Chloe Ann Rounsley, Cloe Ann Rounsley (Contributor)

**Hardcover** (December 1996) Jossey-Bass Publishers; ISBN: 0787902713 ; Dimensions (in inches): 1.02 x 9.24 x 6.27

**Transsexuals : Candid Answers to Private Questions**

by Gerald, Phd Ramsey

**Hardcover** - 192 pages (May 1996) Crossing Pr; ISBN: 0895947900 ; Dimensions (in inches): 0.81 x 9.38 x 6.28

**Female-to-Male Issues**

**Stone Butch Blues : A Novel**

by Leslie Feinberg

**Paperback** - 304 pages (March 1993) Firebrand Books; ISBN: 156341029X ; Dimensions (in inches): 0.60 x 8.44 x 5.50

**Female Masculinity**

by Judith Halberstam

**Paperback** - 329 pages (October 1998) Duke Univ Pr (Trd); ISBN: 0822322439 ; Dimensions (in inches): 1.05 x 9.25 x 6.12

**Spouses and Significant Others**

**My Husband Betty: Love, Sex, and Life with a Crossdresser**

by Helen Boyd

**Paperback** - 304 pages (January 2004), Thunder's Mouth Press; ISBN:1560255153; Dimensions (in inches) 0.85 x 8.95 x 5.97

**My Husband Wears My Clothes : Crossdressing from the Perspective of a Wife**

by Peggy J. Rudd

**Paperback** - 147 pages 1999 edition (February 1994) Pm Pub; ISBN: 0962676209 ; Dimensions (in inches): 0.48 x 8.40 x 5.40

**Gender / Queer Issues**

**Gender Outlaw : On Men, Women, and the Rest of Us**

by Kate Bomstein

**Paperback** - 253 pages Reprint edition (April 1995) Vintage Books; ISBN: 0679757015 ; Dimensions (in inches): 0.61 x 7.96 x 5.17

**Read My Lips : Sexual Subversion and the End of Gender** by Riki Anne Wilchins

**Paperback** - 288 pages (September 1997) Firebrand Books; ISBN: 1563410907 ; Dimensions (in inches): 0.54 x 8.53 x 5.53

**Pomosexuals : Challenging Assumptions About Gender and Sexuality** by Carol Queen (Editor), Lawrence Schimel (Editor)

**Paperback** - 180 pages (September 1997) Cleis Pr; ISBN: 1573440744 ; Dimensions (in inches): 0.63 x 8.54 x 5.52